

- Registration Paperwork
- Change of Address / Contact Details
- Repeat Prescriptions
- Appointments

Receptionist
Administration

- Long Term Condition Reviews: Asthma, COPD, Diabetes, Hypertension, Coronary Heart Disease
- Immunisations
- Travel Clinic
- Contraception
- Cervical Smears
- Wound assessment and management
- Ear syringing

Practice Nurses

- Blood tests requested by GP or Hospital
- Blood pressure checks

Phlebotomist

- Muscle, back or joint pain?
- Self refer to 0800 917 9390
- www.nhsinfom.scot/msk

Physiotherapy

- Red or Pink Eye / Eye Infection / Visual Loss / Painful Eye/Dry Eyes
- Phone to request an urgent LENS appointment at:
 - Mackie Opticians, Lesmahagow
01555 893929
 - Simpson Opticians, Larkhall
01698 882622
 - Localeyes Opticians, Stonehouse
01698 792796

Optician
Lanarkshire Eye Network
Scheme (LENS)

- Health/Growth development
- Pre-school immunisations
- Infant Feeding or Weaning
- Potty Training
- Behavioural Concerns
- PHONE PHONE 01555 895985/ 895663

Health Visitors

- Complete self referral form at the Community desk
- Ingrowing Toenails/ Structural or mechanical feet problems/ Infected or painful foot lesions

Podiatry

- Stop Smoking Service 0300 303042 or text 'Advice' to 81066
- Weight Control - 'Weigh To Go' service at Carluke Leisure Centre 01555 751384

Health Improvement

- Advice on Medication
- Minor Ailments
- Eye, Skin or Urine Infections
- Emergency Contraception
- CONTACT YOUR LOCAL CHEMIST

Pharmacy

- Contraceptive Pill/IUCD/Implants/Injections
- Sexual Health and Wellbeing Advice
- Sexually Transmitted Infection
- SELF REFERRAL: 0300 30 30 251
- www.lanarkshiresexualhealth.org

Sexual Health Clinic

- Addaction self refer on 0800 599 9774
- Community Addiction Recovery Service (CAReS) complete a self referral form at community reception

Alcohol and Drug Support

- For urgent queries contact EPAS on 01698 366217 or Maternity Triage on 01698 366210
- For routine queries contact 01555 667155

Midwife

ADVANCED NURSE PRACTITIONER

Our Advanced Nurse Practitioner is a Registered Nurse who has done extra training and academic qualifications to be able to examine, assess, make diagnoses, treat, prescribe and make referrals for patients who present with problems.

You can pre-book appointments to see her by contacting reception.

GENERAL PRACTITIONER

Pre-booked appointments can be made at any point by contacting reception or booking online. If you need to be seen urgently, a GP will return your call and make a decision on the best course of treatment for you.

Telephone appointments are generally arranged to discuss test results at the request of the GP

Repeat medical certificates can be requested by contacting reception. If the GP requires to see you, reception staff will contact you to advise this (provided we have a current contact telephone number)